

Call for Quotations:

Project Lighthouse Performance & Wellbeing Coach



About the Performance & Wellbeing Coach Role

Working alongside the two lead artists and the project producer, the Performance and Wellbeing Coach will support the creative team and participants throughout the Project Lighthouse journey.

The coach will contribute to creating a safe, supportive and resilient environment for the young participants (Cultural Champions) and will support performance development as the group works towards the final public showcase.

The role will involve early engagement with the artistic team from April 2026, followed by focused involvement during key participant exchanges and the final performance period.

Role
Performance and
Wellbeing Coach

Project Timeline
April 2026 –
September 2026

Indicative Budget
Approximately €5,000
+ VAT
(inclusive of travel and expenses)

Location
Sligo, Ireland and Derry/
Londonderry
(with some hybrid engagement possible)

Submission Contact
Mariia Levko –
maria.projectlighthouse@gmail.com

Application Deadline
Fri 10 April 2026, 5pm



Sligo County Council
Comhairle Chontae Shligigh

Sligo.



PEACEPLUS
Northern Ireland - Ireland

Co-funded by the



European Union



UK Government



Riádas na hÉireann
Government of Ireland



Northern Ireland
Executive

This project is supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB)



Key Responsibilities

- Work alongside the artists and producer from April onwards to support preparation for the exchanges
- Provide performance confidence and wellbeing support to project participants
- Support artists and facilitators in maintaining a safe and reflective creative environment
- Deliver group wellbeing and performance coaching sessions where appropriate
- Be present during key residential exchanges and rehearsals
- Support participants during the development of the final performance

Key Delivery Periods

Phase	Dates	Role
Preparation & Artistic Development	April – July 2026	Support artists and producer in preparing the creative process
Derry Exchange	27 July – 7 August 2026	Participant wellbeing and performance coaching
Sligo Exchange	31 August – 10 September 2026	Continued coaching and performance development
Final Gathering & Showcase	Weekend of 18 September 2026	Support participants during final reflection and performance

The exact schedule of coaching sessions will be agreed with the project team.

Budget & Quotation Guidance

Applicants are invited to submit a quotation and proposal that includes:

- Professional fee for coaching services
- Preparation and planning time
- Delivery of coaching sessions
- Travel and related expenses

An indicative budget of **approximately €5,000 + VAT** is available for this role.

Quotations which significantly exceed this guide price may be considered less favourably unless clearly justified in terms of delivery requirements.

Quotations will be assessed based on value for money, relevant experience and alignment with the project's aims.

How to apply

Submit the following to mariia.projectlighthouse@gmail.com

- **CV** outlining relevant experience
- **Short proposal** (max 2 pages) outlining:
 - Relevant experience
 - Approach to performance and wellbeing coaching within the project
- **Quotation** including estimated time allocation and costs

Subject line: Project Lighthouse Coach Quotation